

# MEN'S/WOMEN'S SHOE SIZING GUIDE

## HOW TO MEASURE YOUR FEET

NOTE: The most accurate measurement can be taken in the evening rather than in the morning since feet can slightly swell during the day.

1. Put on a pair of socks that you plan to wear with the shoes and make sure your toenails are trimmed to their normal length.
2. Tape one or two sheets of paper, for each foot, to a hard surface floor.
3. Stand with your full weight on one foot firmly planted on the paper and closely trace the outline of your foot onto the paper.
4. Repeat step 3 for the other foot as your feet could be slightly different sizes.
5. Mark the furthest points on your outlines between your toes and heel. Use a ruler or measuring tape to measure the distance between those two points. NOTE: A ruler with centimeters instead of inches will give you a more accurate measurement.
6. Compare the measurement of your largest foot with the size chart below to obtain your shoe size. We recommend choosing the larger shoe size if your largest foot measurement falls between the chart numbers by more than 1/16 of an inch or 0.2 centimeters.

## FOOT MEASUREMENT TO SIZE CHART

FOOT LENGTH		SHOE SIZE		
Inches	CM	US Men / Women	EU	UK
9 <sup>3</sup> / <sub>4</sub>	24.8	7 / 8	40	6
10	25.3	7.5 / 8.5	40.5	6.5
10 <sup>1</sup> / <sub>8</sub>	25.8	8 / 9	41	7
10 <sup>5</sup> / <sub>16</sub>	26.2	8.5 / 9.5	41.5	7.5
10 <sup>1</sup> / <sub>2</sub>	26.6	9 / 10	42	8
10 <sup>5</sup> / <sub>8</sub>	27.1	9.5 / 10.5	43	8.5
10 <sup>13</sup> / <sub>16</sub>	27.5	10 / 11	43.5	9
11	27.9	10.5 / 11.5	44	9.5
11 <sup>1</sup> / <sub>8</sub>	28.3	11 / 12	45	10
11 <sup>1</sup> / <sub>4</sub>	28.7	11.5 / 12.5	45.5	10.5
11 <sup>1</sup> / <sub>2</sub>	29.2	12 / 13	46	11
11 <sup>5</sup> / <sub>8</sub>	29.6	12.5 / 13.5	47	11.5
11 <sup>13</sup> / <sub>16</sub>	30.0	13 / 14	47.5	12
12	30.4	13.5 / 14.5	48	12.5